



## **Alameda County Leadership Academy Coaches Orientation**

**October 7, 2022 @ 10:00 a.m. – 11:00 a.m.**

**OR**

**October 27, 2022 @ 1:00 p.m. – 2:00 p.m.**

**<https://us02web.zoom.us/j/89997815859>**

**Meeting ID: 899 9781 5859**

**Passcode: 749466**

1. **Self- Introductions**
  - a. Name & position & 1<sup>st</sup> time or returning Coach
  - b. "As a coach, what do you want out of the coaching experience?"
2. **Academy overview**
3. **Goals of coaching element to Academy**
4. **Responsibilities** (Refer to the ***Coach Responsibilities*** document)
  - a. Academy Co-Directors Pamela & Wandzia
  - b. Coaches
  - c. Participants
5. **Review of the four coaching sessions** (refer to ***4 Coaching Conversations*** doc)
6. **The sequence of steps in conducting a development conversation using the F.U.E.L. Coaching Model** (Refer to ***FUEL Model*** doc)
7. **A few tips for coaches**
  - a. Tips from returning coaches
  - b. Tips from the Academy Co-Directors
8. **Review of resources**
  - a. Coaches Corner on the ACLA website:  
<https://www.leadershipacademyalamedacounty.com/coaches-corner1.html>
  - b. Book – *The Extraordinary Coach* by Zenger & Stinnett
  - c. Handout "F.U.E.L. Coaching Model"
  - d. Article "7 Habits of Highly Effective Mentors"  
[https://ssir.org/articles/entry/seven\\_habits\\_of\\_highly\\_effective\\_mentors](https://ssir.org/articles/entry/seven_habits_of_highly_effective_mentors)
  - e. Article "How To Mentor Someone Who Doesn't Know What Their Career Goals Should Be" <https://hbr.org/2018/07/how-to-mentor-someone-who-doesnt-know-what-their-career-goals-should-be>
  - f. Article "Are You Ready to be Coached?" <https://hbr.org/2020/10/are-you-ready-to-be-coached>
  - g. Other resources in Coaches Corner
9. Q & A